

# Skinny Dip Falls

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**Directions from Waynesville:** *Take a left out onto HWY 23/74 and turn right on the Blue Ridge Parkway. Turn left to go North on the Parkway. Follow the parkway until you reach Looking Glass Overlook at MilePost 417. Park in that parking lot (on your left). The trail for Skinny dip is across the street.*

**Travel Time:** *Approx. 40 mins*

**Difficulty:** *Easy to Moderate.*

**Distance:** *Trail is about ½ mile to the falls*

**Scenery:** *Ends at waterfall and wading pool. Forest views along trail*

**Trail Description:** *Gravel. Gets rocky and narrow at some points. Navigable by kids. All shady and cool.*

**To Note:** *Take a towel and water shoes if you wish to get in the cold water from the falls.*